



**CEDAR RIVER GARDEN CENTER**

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## My Plants Frosted, Now What?

We understand that you may not have been able to cover all of your plants. So you might have ended up with some damage in your yard. The scientific breakdown of what frost damage is as follows; the water cells inside of your material has frozen and when crystals thaw they cause damage by breaking the cells down. Let it be known your damage doesn't always kill your root system, so our best advice... have some patience. Let your plant regain some warm days to see how extensive the damage really is.

Some plants may have tops that are wilting and turning a grayish brown, but the root system is still viable. Don't give up on those plants. If your plant didn't have flower buds on it yet, they will probably still bloom if you simply clean off the damaged growth. Many perennials only bloom once per season, so if their flower buds got nipped they probably will not bloom this season, but will continue to grow.

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## Shrub Highlight

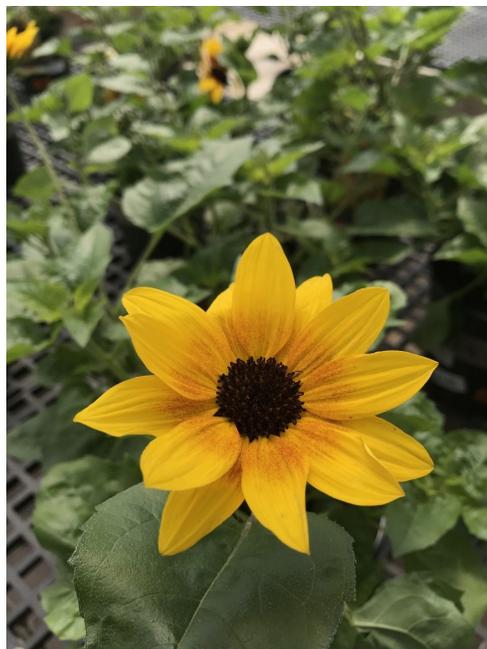
# Iceberg Alley Sageleaf Willow

The Iceberg Alley Sageleaf Willow is a cutie that will add a silver accent to your wet corner of your yard. This willow may be new on the nursery scene, but it has been growing wild in North America for centuries. This plant is a spreader that is what we can a "set and forget." Get it planted in a nice damp area, and you won't have to do much else to it (forget it).

6' tall and 6' wide

Zone: 2

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## Annual Plant Highlight

# SUNbelievable Brown Eyed Girl

This easy growing annual loves full sun and appreciates fertilizer once a month. Monrovia claims this heavy bloomer is said to produce up 1,000 blooms a season. From planting until the first killing frost, sit back and let this easy blooming plant bring cheer to your yard.

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*Pictured Above*

## Perennial Highlight

# Bernadine Clematis

She does great in a more shaded space in your garden and will only 3-4' in height. Petals are a soft lavender slightly darker towards the center. These 4" blooms are sure to lighten up a dark corner of your yard.

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*Itoh Peony 'Bartzella' Image credit: Monrovia*

## Types of Peonies

There are three types of Peonies. Herbaceous Peonies die back to the ground every year and then re-sprout from their root system each season. Tree Peonies keep their woody stem throughout the year, and an Itoh is a combination of both. Itoh peonies are a hybrid cross between herbaceous peonies and tree peonies, they do die back to the ground in fall like herbaceous peonies but their flower and growth characteristics are similar to tree peonies. The tree and Itoh Peonies will only get better with age. They produce blooms on both primary and secondary stems giving greater impact every year.

A tree peony should be planted 2" below the graft line. That zone will become the next stem for your tree. They can be incredibly slow to grow and bloom for the first three years and should NEVER be pruned back unless you are removing a dead branch.

All Peonies prefer a slightly alkaline soil with good drainage. They do not prefer root competition.

Read more at Gardening Know How: [What Are Tree Peonies: How To Grow A Tree Peony](#)



## Just Incase

### Toilet Paper Plants

An MIT report on toilet paper use revealed that most people use 20,805 sheets of toilet paper per year – about 57 sheets per day... especially women.

I think our current situation has taught us a glaring lesson. When the going gets tough, lowans go for the toilet paper. In case you get caught without the TP here are a few plants that can help save the day.

#### 1.) Lambs Ear

This super soft leaf is an easy spreader that provides a unique color to your garden. Because of its spreading habit, we would suggest using it in cottage garden style beds.

#### 2.) Mullein

Commonly called cowboy's toilet paper, this plant was introduced in the 1700's to the United States. It is often seen in ditch ways as it readily self seeds. You probably won't find it at a nursery, and you aren't probably going to want to plant it. I am sharing this option for you in case you are out hiking. It's good to know you are safe to use this biannual in times of need. Of course you may want to do a test spot on your skin before you really commit to it.



*Mullein*



*Lambs Ear*

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## Deer Resistant Annual List:

These are the plants we have found to be less desirable. We would not say 100% resistant, because honestly, is anything 100% resistant to a deer (insert angry face)?

- Marigold
- Dusty Miller
- Datura
- Diamond Frost
- Cleome
- Cardinal Climber
- Heliotrope
- Alyssum
- Nicotiana
- Strawflower
- Snapdragon

The deer stay out of some of these plants because they are poisonous. If you have a pet or a little kiddo who might pull on some leaves, you might want to do a cross check.



*Cardinal Climber*



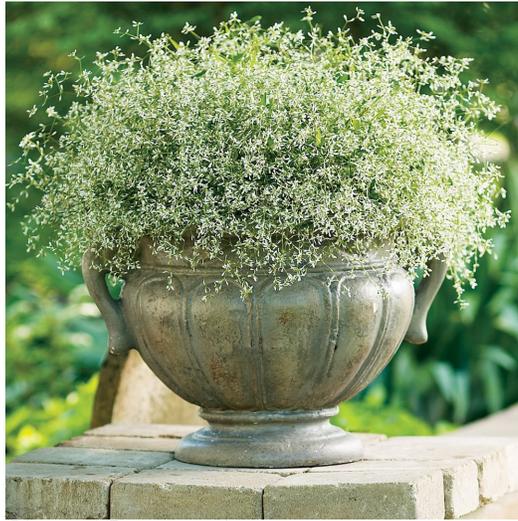
*Heliotrope*



*Lantana*



*Cleome (self seeds)*



*Diamond Frost - growjoy.com*



*Datura*



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